



Wokingham Special Educational Needs and Disabilities Information, Advice and Support Services

Questions to ask your school

- Explain your concerns. What difficulties do you see at home?
- What do they see at school? Have they noticed any difficulties?
- Remember the 4 areas of difficulty
 - Cognition and learning:
 - Are they behind?
 - By how much?
 - Is the gap increasing or getting smaller?
 - Communication and interaction:
 - Speech and understanding
 - How do they socialise, do they understand the social rules, have friends?
 - Do they understand emotions and feelings (theirs and other people's)
 - Social, emotional and mental health:
 - anxiety,
 - behaviour (but also what causes the behaviour),
 - impulsivity
 - Physical and sensory:
 - any physical disabilities,
 - hearing,
 - vision,
 - sensory issues: do they struggle with certain textures, noises, smells (can be linked to struggling to pay attention)

What have school done so far?

- Any extra support from the teacher or class TA?
- Any 1:1 or small group work?
- Have they sought advice from other professionals?
- Are they helping your child in any other way eg social skills groups, allowing them to leave the class for a break if they are struggling to maintain their attention or to keep calm (this will depend on your child's needs)